

# June 2024

The theme for this month is...



Tokyo Worship Tabernacle 東京賛美の宮  
Japan United Pentecostal Church :: 日本ユナイテッドペンテコステ教会

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# WEDNESDAY PRAYER & FASTING

## 水曜日の祈りと断食

### ★ 6/3, 4, 5 John ヨハネ 15:16; John ヨハネ 15:4-5

Lord Jesus, as you have chosen us to bear spiritual fruit, grant us the grace to be focused and abide strongly in You and not be distracted by the things of this world.  
主イエスよ、霊的な実を結ぶようあなたが私たちを選ばれたのでこの世のことに妨げられずあなたに集中してつながることができるよう恵みを与えてください。  
Panginoong Hesus, dahil pinili mo kami upang mamunga ng espirituwal na bunga, pagkalooban mo kami ng biyayang tumutok at manatiling malakas sa Iyo at huwag magulohan sa mga bagay ng mundong ito.

### 6/12 John ヨハネ 12:24; Colossians コロサイ 3:5

Lord Jesus, help us by Your Holy Spirit to constantly mortify our flesh so we can die to the things of this world and to self, in order to be able to be fruitful unto You.  
主イエスよ、あなたにあって実りあるように世と自分に対して死にあなたの聖霊によって常に自分の肉を殺すことができるように助けてください。  
Panginoong Hesus, tulungan Mo kami sa pamamagitan ng Iyong Banal na Espiritu na patuloy na patayin ang aming laman upang kami ay mamatay sa mga bagay ng mundong ito at sa sarili, upang maging mabunga sa Iyo.

### 6/19 Isaiah イザヤ 58:11

Heavenly Father, cause us to maintain a regular fasting life in order that our life may be like a well-watered garden and an ever-flowing spring of light, in Jesus' name.  
天の父よ、イエスの御名によって定期的に断食をすることで私たちの人生が潤った園のように絶えることがない光の泉のようになることができるようにしてください。  
Ama sa Langit, tulungan Mo kaming panatilihin ang regular naming buhay pag-aayuno upang ang aming buhay ay maging tulad ng isang natubigan na hardin at isang walang hanggang bukal ng liwanag, sa pangalan ni Hesus.

### 6/26 Proverbs 箴言 11:30

Heavenly Father, grant me to be like a tree of life whose fruit will bless people around me and draw them to salvation, and for many to be encouraged in their relationship with You in Jesus name.  
天の父よ、実が周りの人びとを祝福し彼らを救いへと導く命の木のようになることができるようになり、多くの人びととあなたの関係において励ましとなることができるようにしてください。  
Ama sa Langit, ipagkaloob mo sa akin na maging tulad ng isang puno ng buhay na ang bunga ay magpapala sa mga taong nasa paligid ko at maghahatid sa kanila sa kaligtasan, at para sa marami na mahikayat sa kanilang relasyon sa Iyo sa pangalan ni Hesus.

**6/7 Romans ローマ 7:4; John ヨハネ 15:8**

Heavenly Father, as we are dead with Christ and united with Him by water and Spirit baptism, grant us to produce fruit of good works of righteousness, in Jesus' name.

天の父よ、イエスの御名によって、私たちが水と霊のバプテスマでキリストとともに死に、ひとつとなった今、義の良い働きの実を生むことができるようにしてください。

Ama sa Langit, dahil kami ay patay na kasama ni Kristo at kaisa Niya sa pamamagitan ng bautismo sa tubig at Espiritu, ipagkaloob nyo Po sa amin na magbunga ng mabubuting gawa ng katuwiran, sa pangalan ni Hesus.

**6/14 Ephesians エペソ 5:9; Colossians コロサイ 1:10**

Heavenly Father, help me to live my life to please you in every way, bearing fruit in all good work, righteousness and truth, and growing in the knowledge of You, in Jesus' name.

天の父よ、イエスの御名によって、私の人生のすべてにおいてあなたを喜ばせ、良いわざ、義、そして真理の実を結び、あなたの知識において成長できるようお助けください。

Ama sa Langit, tulungan mo akong mamuhay na tinataas ka sa lahat ng paraan, namumunga sa lahat ng mabuting gawa, katuwiran at katotohanan, at lumago sa kaalaman sa Iyo, sa pangalan ni Hesus.

**6/21 Matthew マタイ 7:16-18**

Heavenly Father, I pray that my life and actions will bear spiritual fruit that will reflect the nature and character of Christ to the brethren and all people around me, in Jesus' name.

天の父よ、イエスの御名によって、私の人生と行動がキリストの性質と性格を反映した霊的な実を結ぶようお祈りします。

Ama sa Langit, dalangin ko na ang aking buhay at mga kilos ay magbunga ng espirituwal na bunga na magpapakita ng kalikasan at katangian ni Kristo sa mga kapatid at sa lahat ng taong nasa paligid ko, sa pangalan ni Hesus.

**6/28 Romans ローマ 8:6,8; Matthew マタイ 3:8**

Heavenly Father, we pray for the unsaved people of Japan and other nations to be spiritually minded and receive the message of salvation for eternal life in Jesus' name.

天の父よ、日本と他の国のまだ救われていない人びとが霊的な思いをもって永遠の命のための救いのメッセージを受け取ることができるよう祈ります。

Ama sa Langit, idinadalangin namin ang mga hindi ligtas na tao ng Japan at iba pang mga bansa na maging espirituwal na pag-iisip at matanggap ang mensahe ng kaligtasan para sa buhay na walang hanggan sa pangalan ni Hesus.

# About TWT's Fasting & Prayer

## TWTの断食と祈りの日について



Wednesday is TWT's official fasting day, while Friday is TWT's official day of prayer. Saints gather together on Friday night to pray in unity. The purpose of the prayer meeting is to intercede - pray for others. We are encouraged to pray for the Church, for unsaved souls to come to the knowledge of Christ, for countries and governments, and for the advancement of God's kingdom.

水曜日はTWTの断食の日、金曜日はTWTの祈りの日です。聖徒は金曜の夜に心を一つにして共に祈ります。祈りの集会の目的はとりなしの祈り（他の人のために祈ること）をするためです。私たちは教会のため、人々がキリストを知るために、世界中の国とその政府のため、そして神の御国の前進のために祈ります。



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